

# WELLNESS NIGHTS

## HEALTH TALKS AND SCREENINGS

WEDNESDAY  
MARCH  
25  
2020

THURSDAY  
APRIL  
2  
2020

### Location:

Museum of the  
Rockies

**Time:** 6-8 p.m.

Doors open at 5:45 p.m.

**Cost:** FREE

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BOZEMAN HEALTH

# BOZEMANHEALTH.ORG/WELLNESSNIGHTS

Join Bozeman Health for an updated, high value refresh of our annual spring health fair, **Wellness Nights: Health Talks and Screenings**. Wellness Nights is a two-night event featuring brief, informative health information presentations, connections with local resources, and select preventive screenings.

### Wednesday, March 25, 2020

Education topic: Chronic Disease Prevention. Brief presentations by Bozeman Health and community experts on diabetes, stroke, and cancer from 6 to 7 p.m.

### Thursday, April 2, 2020

Education topic: Behavioral Health. Brief presentations by Bozeman Health and community experts on suicide prevention, mental wellbeing, and resiliency from 6 to 7 p.m.

### Both Evenings

Screenings and services offered both evenings: voucher for FREE lab work, blood pressure, vouchers for screening mammograms, vouchers for lung cancer screening, diabetes screening, and more from 6 to 8 p.m.

- Food provided.
- Raffle items.
- Limited, on-site childcare available. Register online.

Additional information and childcare registration can be found at [bozemanhealth.org/wellnessnights](http://bozemanhealth.org/wellnessnights).