



CHILD CARE CONNECTIONS

GALLATIN COUNTY COMMUNITY RESOURCE GUIDE

CHILD CARE CONNECTIONS
1143 STONERIDGE DR, BOZEMAN, MT 59718
901 N Benton Ave, Helena, MT 59601
406-587-7786 or 800-962-0418

GALLATIN COUNTY RESOURCES

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GALLATIN COUNTY RESOURCES

CHILD AND FAMILY RESOURCES

CHILD CARE AND EARLY EDUCATION

CHILD CARE CONNECTIONS

Child Care Connections supports quality care through financial assistance for child care, nutrition and wellness education, family and community outreach, and referrals for child care and community resources.

1143 Stoneridge Dr, Bozeman, MT 59718

406-587-7786

Toll Free: 800-962-0418

Website: cccmontana.org

OUT OF SCHOOL MT

Out of School MT is a resource for families to search for out-of-school care options and to provide local resources to ensure children in Southwest Montana have a safe and healthy environment to learn, play, and grow. The page is administered by Child Care Connections and allows families to search for school year and summer care options.

406-587-7786

info@outofschoolmt.org

Website: outofschoolmt.org

AWARE INC. EARLY CHILDHOOD SERVICES

Aware offers early childhood services to families and children zero to eight. These services are available to families of all social and economic status. Programs include child & family counseling, early head start, and home visiting. Children with disabilities are welcome.

406-563-8817

EarlyHeadStart@Aware-inc.org

Website: aware-inc.org/ecs

HRDC EARLY CHILDHOOD EDUCATION

HRDC's Early Childhood Education program is funded through Head Start to serve families in Gallatin and Park Counties. Classrooms are located in Belgrade, Bozeman, and Livingston, providing services in education, health, nutrition, mental health, and disabilities.

33 S. Tracy Ave, Bozeman, MT 59715

406-586-9652

Headstart@thehrdc.org

Website: thehrdc.org/early-childhood-education

GALLATIN COUNTY RESOURCES

PARENT SUPPORT AND EDUCATION

PARENTING MONTANA

Parenting Montana provides easy-to-use tools to support your child's success from birth through the teen years.

Website: parentingmontana.org

HEALTHY MOTHERS HEALTHY BABIES MONTANA

Healthy Mothers Healthy Babies works to improve the health, safety, and well-being of Montana by supporting mothers and babies, age zero to three.

318-320 N Last Chance Gulch, #2c, Helena, MT 59601

406-449-8611

hmhb@hmhb-mt.org

Website: hmhb-mt.org

ROOTS COLLABORATIVE

Roots Family Collaborative, based in Bozeman, is dedicated to connecting families to the support they need from pregnancy to parenthood. Roots helps connect parents to parents, parents to professionals, and professionals with one another during this unique, and often challenging developmental stage.

110 S. Grand Ave, Bozeman, Mt 59715

406-570-0738

hello@rootsfamilycollaborative.com

Website: rootsfamilycollaborative.com

THRIVE

Thrive is a place for children to grow, be successful, and learn to be valuable members of our community. Thrive offers many programs for children and families including parenting classes, home visiting, mentoring, parent liaisons, and youth programming.

400 E. Babcock, Bozeman, MT 59715

406-587-3840

thrive@allthrive.org

Website: allthrive.org

GALLATIN COUNTY RESOURCES

HEALTHY GALLATIN- FAMILY HEALTH

Healthy Gallatin offers support to families through home visiting, breastfeeding support, prenatal & parenting classes, nutrition and more.

406-582-3100

HS@gallatin.mt.gov

Website: healthygallatin.org/familyhealth

HEARTS AND HOMES FAMILY RESOURCE CENTER

Hearts and Homes provides critical support services to families who currently have children in foster, kinship, or dual custody care by providing programs and training that aim to strengthen family ties.

3316 W. Babcock, Bozeman, MT 59718

406-585-8544

heartsandhomes@bozemanhelpcenter.org

Website: bozemanhelpcenter.org/heart--homes

MONTANA KINSHIP NAVIGATOR PROGRAM

The Montana Kinship Navigator Program serves kinship caregivers for the entire state for Montana by offering support, education, and access to resources to assist caregivers in raising their children so they can live happier, healthier lives.

833-445-3395

mtknp@montana.edu

Website: msuextension.org/mtknp

YOUTH PROGRAMMING

BIG SKY YOUTH EMPOWERMENT PROJECT

Big Sky Youth Empowerment provides opportunities for vulnerable teenagers in the Gallatin Valley to experience success and become contributing members of our community through group mentorship and experiential adventures

225 E Mendenhall St, Bozeman, MT 59715

406-551-9660

info@byep.org

Website: byep.org

YOUTH HOMES

Youth Homes cares for children who are facing abuse, neglect, emotional trauma and substance abuse problems. Through emergency shelters, therapeutic group homes, foster care and adoption programs, and counseling services, they provide a safe refuge for kids while they begin the difficult process of healing.

406-721-2704

info@youthhomesmt.org

Website: youthhomesmt.org

GALLATIN COUNTY RESOURCES

CRISIS/EMERGENCY

CRISIS INTERVENTION AND SUICIDE PREVENTION

MONTANA SUICIDE PREVENTION LIFELINE

The lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones. If you are in crisis and want help, call the Suicide Prevention Lifeline.

1-800-273- TALK (8255)

Website: suicidepreventionlifeline.org

MONTANA CRISIS TEXT LINE

The Montana Crisis Text Line offers free and confidential emotional support to people in suicidal crisis or emotional stress. The advice line is available 24 hours a day, 7 days a week.

TEXT 'MT' 741-741

Website: suicidepreventionlifeline.org

THE HELP CENTER- 24 -HOUR CRISIS LINE

If you are in crisis, feeling suicidal, have been sexually assaulted, in need of resources, or just need to talk, trained staff and volunteers are ready to listen and help. All concerns are welcome, and all services are free and confidential to everyone, 24 hours a day, 365 days a year.

406-586-3333

Website: bozemanhelpcenter.org

GALLATIN COUNTY RESOURCES

DOMESTIC VIOLENCE

NATIONAL DOMESTIC VIOLENCE HOTLINE

Everyone deserves relationships free from domestic violence. When you're ready, we're here to listen with confidential support 24/7. Call or Text START to 88788

1-800-799-SAFE (7233)

Website: thehotline.org/get-help

NATIONAL SEXUAL ASSAULT HOTLINE

Get help 24/7. Call the toll free number to be connected with a trained staff member from a sexual assault service provider in your area.

1-800-656-4673

Website: hotline.rainn.org/online

HAVEN

Haven provides confidential support, legal advocacy, counseling, and a safe place to stay for anyone and everyone impacted by domestic violence, sexual assault, sex trafficking, and stalking.

GET HELP NOW: 406-586-4111

Non-Emergency Number: 406-586-7689

Website: havenmt.org

MSU VOICE CENTER

The VOICE Center, 24-hour support line (call or text) provides free and confidential support, advocacy, information, and referral services for survivors of sexual and domestic violence, and stalking. Advocates are available 24-hours a day to provide information and discuss different options and resources that may be available to you. Advocates can assist with reporting, referrals, academic concerns, protective orders, and medical advocacy. You may choose to be anonymous in all your contacts with the VOICE Center.

Montana State University, SUB 370, Bozeman, MT 59717

CALL OR TEXT 406-994-7069

General Office: 406-994-7662

Website: montana.edu/oha/voice

CHILD ABUSE AND NEGLECT HOTLINE

To report a possible case of child abuse or neglect call toll free, 24 hours a day

1-866-820-5437

GALLATIN COUNTY RESOURCES

FINANCIAL

OFFICE OF PUBLIC ASSISTANCE

To apply for food, medical, or cash assistance, you can visit: apply.mt.gov

Mail forms to: Human and Community Services, PO Box 202925, Helena, MT 59601

Montana Public Assistance Helpline: 888-706-1535

Office Hours: Monday-Friday 8:00am-5:00pm

TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)

TANF Cash assistance is a program providing temporary financial assistance to needy families. The receipt of TANF cash assistance is limited to 60 months in an adults lifetime. Temporary financial assistance may be provided to the follow families and individuals:

1. Minor children;
2. Specified relatives with whom the children are living;
3. The minor children's blood-related/adoptive siblings with whom the children are living;
4. Pregnant women in their last trimester who have no other eligible children; and
5. Refugees with minor dependent children.

To apply for TANF:

Apply online at: apply.mt.gov.

Visit the Bozeman Field Office: **12 North 3rd, Bozeman, MT 59715**

Call the Public Assistance Helpline- 888-706-1535

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

SNAP is a program designed to help people in Montana make ends meet and afford healthy food. SNAP participants receive monthly food benefits on the Montana Access debit card.

To apply for SNAP benefits:

Apply online at: apply.mt.gov.

Visit the Bozeman Field Office: **12 North 3rd, Bozeman, MT 59715**

Call the Public Assistance Helpline- 888-706-1535

GALLATIN COUNTY RESOURCES

WOMEN, INFANTS & CHILDREN (WIC)

WIC is a nutrition education program providing nutrition services and food benefits to women, infants, and children. WIC services are available to:

- Women who are pregnant or have just given birth
- Women who are breastfeeding
- Infants and Children up to five years old (mothers, fathers, grandparents, foster parents, and other guardians may apply for WIC for children up to age five)

You can call Healthy Gallatin or email to schedule an appointment for any of the Gallatin County locations:

- **Healthy Gallatin, 215 W Mendenhall, Bozeman, MT 59715**
- **Belgrade: 201 W Madison, Building 2** (open Thursdays only, 9am-5pm)
- **Montana State University: 1218 S. 15th Street, Bozeman** (open Mondays, 9am-4pm)
- **West Yellowstone: Povah Center, 10 S. Geyser Street** (call 406-582-3115 for more info)

406-582-3115

WIC@healthygallatin.mt.gov

Website: healthygallatin.org/family-health/wic

ENERGY ASSISTANCE- WEATHERIZATION AND LIEAP

The State of Montana, through the DPHHS, offers two programs aimed at helping low-income individuals reduce their heating costs. The Low-Income Energy Assistance Program (LIEAP) pays part of winter energy bills for eligible people. The Weatherization Program helps participants to improve the heating efficiency of their homes and thus reduce their energy consumption. In certain circumstances, there is assistance available to help with furnace emergencies. You may apply for weatherization assistance at the Human Resource Development Council.

32 South Tracy, Bozeman, MT 59715

406-587-4486

Website: thehrdc.org/energy-assistance

ENERGY SHARE OF MONTANA

Energy Share of Montana is a nonprofit that helps Montanans overcome energy emergencies and move toward self-reliance.

406-442-4900

Website: energysharemt.com

GALLATIN COUNTY RESOURCES

FOOD

SNAP APPLICATION ASSISTANCE

Montana's Supplemental Nutrition Assistance Program (SNAP) is a program designed to help people in Montana make ends meet and afford healthy food. Many households, families, and seniors in Montana qualify for food assistance through SNAP. The Montana Food Bank Network can provide information about SNAP and current eligibility guidelines and answer your questions about food assistance in Montana.

SNAP Hotline: 406-239-6475

snap@mfbn.org

Website: mfbn.org/snap-assistance

WOMEN, INFANTS & CHILDREN (WIC)

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- Women who are pregnant or have just given birth
- Women who are breastfeeding
- Infants and Children up to five years old (mothers, fathers, grandparents, foster parents, and other guardians may apply for WIC for children up to age five)

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- **Montana State University: 1218 S. 15th Street, Bozeman** (open Mondays, 9am-4pm)
- **West Yellowstone: Povah Center, 10 S. Geyser Street** (call 406-582-3115 for more info)

406-582-3115

WIC@healthygallatin.mt.gov

Website: healthygallatin.org/family-health/wic

Website: signupwic.com

SCHOOL MEALS PROGRAM

School Meal Programs help insure that children have access to a healthy lunch and breakfast each school day. Meals are available for free or at a reduced price for families on limited incomes. Parents can apply for Free and Reduced-Price (FRP) meals anytime during the school year

406-444-2501

Website: opi.mt.gov

GALLATIN COUNTY RESOURCES

BUY EAT LIVE BETTER

Buy Eat Live Better supports low-income Montanans in making the healthy choice the easy choice with resources and classes on nutrition education, shopping on a budget, preparing well-balanced meals, and more.

Website: buyeatlivebetter.org

GALLATIN VALLEY FOOD BANK

Gallatin County Food Bank is the critical link between food and the people who need it. Shop for free groceries and come as often as you need. Learn more about the food bank by visiting the website.

Open for in-person shopping Monday-Friday 1-4pm, and on Tuesdays 5-7pm

602 Bond St, Bozeman, MT 59715

406-586-7600

Website: gallatinvalleyfoodbank.org

BOUNTY OF THE BRIDGERS, MSU FOOD PANTRY

Bounty of the Bridgers Campus Food Pantry is available to offer supplemental and emergency food assistance to any student, faculty, or staff in need.

Permanent Pantry: Office of Advancement, 1102 6th Avenue

Wednesdays 11am-1pm, Thursdays 4pm-6pm

Pop-up Pantry: Office of Family and Graduate Housing, 1218 S. 15th Street

Saturdays 1pm-3pm

406-994-4380

Website: montana.edu/oha/bounty-of-the-bridgers

BELGRADE MOBILE UNIT

Gallatin Valley Food Bank's mobile service to Belgrade provides bread and produce as well as pre-packaged foods. First and Third Monday of every month (closed holidays) Distribution Hours 5pm-6pm

Peace Lutheran Church, 203 Jackrabbit Lane, Belgrade, MT 59714

406-586-7600

Website: gallatinvalleyfoodbank.org/food-assistance

GALLATIN COUNTY RESOURCES

HEADWATERS AREA FOOD BANK

The Headwaters Area Food Bank serves Three Forks and outlying area communities

Distribution Hours: Tuesdays 10am-2pm, Wednesdays 2pm-6pm, Thursdays 10am-2pm

216 1st Street West, Three Forks, MT 59752

406-285-3559

Website: facebook.com/HeadwatersAreaFoodBank

BIG SKY COMMUNITY FOOD BANK

Asking for help can be difficult to do, but getting food at Big Sky Community Food Bank is free, simple and confidential.

Distribution Hours: Tuesdays and Thursdays 3pm-7pm, Wednesdays and Fridays 11am-3pm

47995 Gallatin Road, Big Sky, MT 59716

406-995-3088

Website: bigskyfoodbank.org

FORK AND SPOON

Fork and Spoon is a pay-what-you-can (if you can) restaurant serving scratch made cooking. Open Sunday- Thursday from 5-7pm for in house dining, and sack lunches are available on Fridays from 12-6pm

302 N 7th Street, Bozeman, MT 59715

406-587-4225

Website: forkandspoonbozeman.org

WEST YELLOWSTONE FOOD PANTRY

The West Yellowstone Social Services Office has resources to assist people with vital needs such as food, clothing, health care, and job referrals.

440 Yellowstone Avenue, West Yellowstone, MT 59758

406-646-7311

Website: townofyellowstone.com/government

GALLATIN COUNTY RESOURCES

HEALTH

BIG SKY RX- MEDICARE PRESCRIPTION ASSISTANCE

Big Sky Rx (BSRx) is dedicated to helping Medicare clients pay for Medicare approved prescription drug insurance premiums. It is administered by the State of Montana.

866-369-1233

Bigskyrx@mt.gov

Website: bigskyrx.mt.gov

CHILDREN'S SPECIAL HEALTH SERVICES

Children's Special Health Services works to help children and families in Montana receive the healthcare and supportive services they need to live happy, healthy lives in their communities. We do this through programs that help educate families and providers, connect families to needed resources, and provide care for children and youth (0-21 years of age) throughout the state.

Website: dphhs.mt.gov/ecfsd/chs

MONTANA MEDICAID AND HEALTHY MONTANA KIDS

Healthy Montana Kids (HMK), Children's Health Insurance Plan is just one of many Montana Healthcare Programs offering a free or low-cost health insurance plan which provides coverage to eligible Montana children up to age 19. Covered services include medical, dental, eyeglasses, and other related services.

1-888-706-1535

Website: dphhs.mt.gov/MontanaHealthcarePrograms

BOZEMAN HEALTH

Bozeman Health, improves community health and quality of life to Bozeman and surrounding areas by providing safe and effective care through emergency and primary care, family medicine, pediatrics, women's health, and specialty services. Find more information on the Bozeman Health website.

Bozeman Deaconess Hospital, 915 Highland Blvd, Bozeman, MT 59715

406-414-5000

Website: bozemanhealth.org

BIG SKY MEDICAL CENTER

Big Sky Medical Center offers emergency services, family medicine, laboratory, pharmacy, primary care, and telehealth services. Emergency Care is available 24 hours a day, 7 days a week.

334 Town Center Ave, Big Sky, MT 59716

406-995-6995

Website: bozemanhealth.org

GALLATIN COUNTY RESOURCES

COMMUNITY HEALTH PARTNERS

The Community Health Partners medical clinics provide primary care services matching patients with a provider who will help to consult both adult and pediatric patients on chronic and acute illness, acute exams and prevention strategies, family planning and behavioral health. Locations in Belgrade, Bozeman, Livingston, and West Yellowstone. Visit the CHP website to find a location near you.

Website: chphealth.mt.org

HATCH PEDIATRICS

Hatch Pediatrics provides comprehensive pediatric care to kids from newborns to teens. Services include routine care such as well child check-ups, physicals, routine immunizations, procedures, and more.

Open M-F, 8:30am-5:00pm, and Saturdays by appointment.

280 W Kagy Blvd, Suite G, Bozeman, MT 59715

406-587-5870

Website: hatch.md

BILLINGS CLINIC BOZEMAN PEDIATRICS

Billings Clinic Bozeman Acorn Pediatrics offers primary care for babies, kids, and teens. Services include preventative care, routine checkups, illness and injury care, and coordination with specialty care.

Open M-F, 8:00am-6:00pm

1819 South 22nd Ave, Suite 100, Bozeman, MT 59718

406-522-5437 (KIDS)

Website: billingsclinic.com/maps-locations/location-profile/billings-clinic-bozeman-acorn-pediatrics

BOZEMAN HEALTH PEDIATRICS

Bozeman Health pediatricians offer comprehensive care from birth through adolescence. Services include well-child checks and screenings, sports physicals, behavioral health, urgent and same-day care, pediatric therapy, vaccinations, and comprehensive care. Visit the website for locations and contact information.

937 Highland Blvd, Suite 5320, Bozeman, MT 59715

406-414-4900

Website: bozemanhealth.org>services>pediatrics

GALLATIN COUNTY RESOURCES

HOUSING AND SHELTER

MONTANA HOUSING DIVISION

Montana Housing supports access to safe, affordable, and sustainable homes for Montanans whose housing needs are not met by the market. Services include rental assistance programs including:

- Housing Choice Voucher (HUD) Program
- Project Based Section 8
- Emergency rental assistance

406-841-2840

Toll Free: 800-761-6264

Website: housing.mt.gov

FAMILY PROMISE OF GREATER GALLATIN

Family Promise provides shelter and intensive case management for families with children and pregnant women who are experiencing homelessness.

429 East Story Street, Bozeman, MT 59718

406-582-7388

Website: familypromisegv.org

HUMAN RESOURCES DEVELOPMENT COUNCIL (HRDC)

HRDC provides emergency housing, transitional housing, rental assistance, and affordable housing services to people who are currently homeless or at risk of becoming homeless.

32 South Tracy Avenue, Bozeman, MT 59718

406-582-7388

Website: thehrdc.org/housing

BOZEMAN WARMING CENTER

The Bozeman Warming Center offers seasonal shelter to anyone in need, including families with children, single adults, and couples.

Emergency Shelter Hours: November 1-March 31st, nightly 7pm-7am. *Check in between 7pm-11pm

Day Center Hours: Sunday-Thursday 9am-4pm

2015 Wheat Dr, Bozeman, MT 59715

406-556-1123

Website: thehrdc.org/housing

GALLATIN COUNTY RESOURCES

HAVEN

Haven provides confidential support, legal advocacy, counseling, and a safe place to stay for anyone and everyone impacted by domestic violence, sexual assault, sex trafficking, and stalking.

GET HELP NOW: 406-586-4111

Website: havenmt.org

LEGAL

MONTANA LEGAL SERVICES ASSOCIATION

MTLSA provides non-criminal legal information, advice, and representation. MLSA works to provide civil legal aid to low-income individuals living throughout Montana.

800-666-6899

Website: mtlsa.org

DISABILITY RIGHTS MONTANA

Disability Rights Montana's mission is to protect and advocate for the human, legal, and civil rights of Montanans with disabilities while advancing dignity, equality, and self-determination.

800-245-4743

advocate@DisabilityRightsMT.org

Website: disabilityrightsmt.gov

CHILD SUPPORT SERVICES DIVISION

The Child Support Services Division pursues financial and medical support of children by establishing, enforcing, and increasing public awareness of parental obligations.

childsupport@mt.gov- this email address is only intended for general questions about the child support program. For case related questions please contact your caseworker directly.

406-444-6856

800-346-5437

Website: dphhs.mt.gov/cssd

CHILD AND FAMILY SERVICES DIVISION

CFSD protects children who have been or are at substantial risk of abuse, neglect, or abandonment. To report a possible case of child abuse or neglect, call 1-866-820-5437.

1-866-820-5437

Website: dphhs.mt.gov/cfsd

GALLATIN COUNTY RESOURCES

MONTANA FAIR HOUSING

Montana Fair Housing is a private, full services, non-profit organization dedicated to the elimination of housing discrimination, and the advancement of rights.

406-782-2573

Toll Free: 800-929-2611

Website: montanafairhousing.org

MONTANA SELF-HELP PROGRAM

The Court Help Program is a free service provided by Montana Supreme Court to assist people with civil, no-criminal legal problems. The court help program does not offer legal advice or represent individuals in court but can provide legal information and direct you to resources to help resolve legal problems on your own.

406-582-2158

gallatincountyselfhelp@mt.gov

Website: courts.mt.gov/selfhelp

GALLATIN COUNTY RESOURCES

MENTAL HEALTH AND ADDICTIONS

ADDICTION RESOURCES

ALCOHOLICS ANONYMOUS

AA helps individuals struggling with alcoholism find the help they need on a local basis. Search for Alcoholics Anonymous meetings per county or city and take the next step to overcome addiction. Call for 24/7 addiction help.

800-839-1686

Website: alcoholicsanonymous.com

NARCOTICS ANONYMOUS MONTANA

A national peer support group for those that drugs had become a major problem, uses a 12-step model for people with varied substance abuse issues. Visit the website to find a meeting near you.

800-990-6262

Website: namontana.com

SAMHSA NATIONAL HELPLINE

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

800-662-HELP (4357)

Website: findtreatment.gov

MONTANA TOBACCO QUIT LINE

Quitting tobaccos is a process. Whether you are thinking about quitting, are not yet ready to quit, or have already quit, Montana Quit Line can help you with each step of the way.

866-787-5247

Website: quitnowmontana.com

MONTANA PEER NETWORK

Montana Peer Network provides information, education, training, support, and resources for individuals in or seeking recovery from mental health challenges, substance abuse, trauma, and/or addictions.

406-551-1058

Website: mtpeernetwork.org

GALLATIN COUNTY RESOURCES

MENTAL HEALTH RESOURCES

MONTANA MENTAL HEALTH DIRECTORY- BRIGHT APP

Search for mental health professionals in Montana with the Bright App.

Website: mtpeernetwork.org

MONTANA MENTAL HEALTH OMBUDSMAN

The office of the Mental Health Ombudsman can provide information and assistance to individuals seeking access to the public mental health services, or those currently receiving mental health services.

406-444-9669

Toll Free: 888-444-9669

Website: mhombudsman.mt.gov

MONTANA CHILDREN'S MENTAL HEALTH BUREAU

The Children's Mental Health Bureau administers state funded mental health services for children in Montana.

406-444-2958

Website: dphhs.mt.gov/dcd/cmb

NATIONAL ALLIANCE ON MENTAL ILLNESS MONTANA

National Alliance on Mental Illness (NAMI) supports, educates, and advocates for Montanans with Mental Illnesses and their families. NAMI Montana also developed Mental Health County Resource Guides as a tool for people who live with serious mental illness and their families:

<https://namimt.org/montana-county-mental-health-resource-guides/>

406-443-7871

Website: namimt.org

ALTACARE OF MONTANA

Altacare of Montana provides comprehensive in-school mental and behavioral healthcare services. Altacare partners with parents and families to support Montana students who are suffering with mental health concerns.

406-497-7905

Website: altacareofmontana.com

GALLATIN COUNTY RESOURCES

AWARE INC

AWARE strives to provide psychiatry to even the most rural Montana residents through telepsychiatry and video conferencing. AWARE's team of highly trained and experienced psychiatrists across Montana is available for assessments, ongoing treatment, medication management, and support.

406-543-2202

jhenderson@Aware-inc.org

Website: aware-inc.org

YOUTH DYNAMICS INC.

Youth Dynamics provides strength-based, client-centered, supportive mental health services to children and families.

406-548-7022

Website: youthdynamics.org

SHODAIR CHILDREN'S HOSPITAL

Shodair Children's Hospital serves children and adolescents in Montana who suffer from emotional, mental, and behavioral problems.

406-444-7500

Website: shodair.org

WESTERN MONTANA MENTAL HEALTH CENTER

Western Montana Mental Health Center serves children, teens, and adults in Montana. WMMHC offers community-based services, outpatient services, inpatient addiction recovery services, and housing options.

406-532-8400

Website: wmmhc.org

FRONTIER PSYCHIATRY

Frontier Psychiatry is a completely virtual telepsychiatry practice based in Montana. All appointments occur online with video conferencing technology.

406-300-8471

Website: frontier.care

GALLATIN COUNTY RESOURCES

ST. PETER'S HOSPITAL BEHAVIORAL UNIT

St. Peter's Health Behavioral Health Unit offers short-term, live-in care services for adults experiencing a mental health crisis through an adult inpatient program and Montana's only geriatric inpatient program.

2475 E. Broadway, Helena, MT 59601

406-495-6560

Website: sphealth.org

COMMUNITY HEALTH PARTNERS

CHP offers a specialty behavioral health department that is open to all community members by providing therapy sessions through both Zoom and phone platforms. Behavioral health staff members treat individuals from school age to geriatric and offer individual, couples, and family sessions. Visit the CHP website to find a location near you.

Website: [chphealtmt.org>services>behavioral-health](http://chphealtmt.org/services/behavioral-health)

POSTPARTUM SUPPORT INTERNATIONAL

PSI promotes awareness, prevention and treatment of mental health issues related to childbearing. PSI offers support, education, advocacy, and research for people experiencing perinatal mood and anxiety disorders.

Call or Text for support: 800-944-4773

Website: postpartum.net/get-help

GALLATIN COUNTY RESOURCES

SPECIAL NEEDS

MONTANA MILESTONES

Montana Milestones is the Part C Early Intervention Program for Infants and Toddlers with Disabilities (0-3), part of the federal Individuals with Disabilities Education Act (IDEA). The purpose of IDEA, Part C is to support early intervention for children with development delays or disabilities. Part C is all about helping parents and families meet the developmental needs of their infants and toddlers.

406-444-5647

Website: [dphhs.mt.gov/ecfsd >childcare >Montana milestones](https://dphhs.mt.gov/ecfsd>childcare>Montana%20milestones)

MONTANA PARENT TRAINING AND INFORMATION CENTER

Montana's Parent Training Information Center provides resources and individualized assistance to help Montana parents and educators to support and enrich the lives of children with disabilities.

877-870-1190

Website: mtempowermentcenter.org

FAMILY OUTREACH, INC.

Family Outreach supports children and adults who have intellectual disabilities or developmental delays. Services and programs include developmental information and training, behavioral supports and routine based Early Intervention. We teach families the skills they need to assist their child with developmental, educational, behavioral, social, and/or self-help skills.

1315 East Main, Bozeman, MT 59715

406-587-2477

Website: familyoutreach.org

MONTANA LIFESPAN RESPITE

The Montana Lifespan Respite (LSR) Coalition helps provide family caregivers access to quality community-based respite care services that is affordable and flexible to meet caregivers needs.

800-332-2272

Website: dphhs.mt.gov/respite

GALLATIN COUNTY RESOURCES

PLUK- PARENTS LET'S UNITE FOR KIDS

PLUK is an organization of parents and other caring individuals who serve families and individuals with disabilities of any age.

406-225-0540

Website: pluk.org

MONTANA INDEPENDENT LIVING PROJECT

Montana Independent Living Project promotes independence for people with disabilities through information and referral, transition services, peer counseling, independent living training, and systems advocacy.

2015 Charlotte, Suite 2, Bozeman, MT 59718

406-442-5755

Toll Free: 800-735-6457

Website: milp.us

DISABILITY RIGHTS MONTANA

Disability Rights of MT provides a wide new of services to people with disabilities through advocacy and representation.

800-245-4743

Website: disabilityrightsmt.org

DISABILITY EMPLOYMENT AND TRANSITIONS

Advancing the independence and employment of Montanans with disabilities.

406-444-3632

Website: dphhs.mt.gov/detd

AWARE INC.

AWARE helps people live independent lives, birth through adulthood. AWARE delivers services for children and families as well as people with challenging mental health, emotional, and in some instances, physical disabilities.

406-449-3120

Website: aware-inc.org

GALLATIN COUNTY RESOURCES

TRANSPORTATION

STREAMLINE BUS AND GALAVAN PARATRANSIT

The Streamline offers fare-free service throughout the Bozeman area to fill everyone's transportation needs. Routes provide service to and from Bozeman, Belgrade, Four Corners and Livingston. Streamline also connects with the Skyline Bus System for travel to and from Big Sky.

The Galavan Paratransit service is available for those who are 60 years or older and those with disabilities. Schedule a ride for door-to-door transportation.

406-587-2434

Website:streamlinebus.com

MEDICAID TRANSPORTATION SERVICES

Travel assistance benefits are funds that help Medicaid members with transportation costs. These funds help members get to and from medical appointments. When the member meets certain requirements, they may get help with mileage, meals, and lodging.

406-443-6100

Toll Free: 800-292-7114

Website:dphhs.mt.gov/montanahealthcareprograms > [Medicaid](#) > [transportation](#)