



# CHILD CARE CONNECTIONS

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## JEFFERSON COUNTY COMMUNITY RESOURCE GUIDE

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Revised June 2024

CHILD CARE CONNECTIONS  
2415 W MAIN, SUITE 1, BOZEMAN, MT 59718  
901 N Benton Ave, Helena, MT 59601  
406-587-7786 or 800-962-0418

# JEFFERSON COUNTY RESOURCES

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# JEFFERSON COUNTY RESOURCES

## CHILD AND FAMILY RESOURCES

### CHILD CARE AND EARLY EDUCATION

#### CHILD CARE CONNECTIONS

Child Care Connections supports quality care through financial assistance for child care, nutrition and wellness education, family and community outreach, and referrals for child care and community resources.

**901 N. Benton Ave, Helena, MT 59601**

**2415 W Main St. Suite 1, Bozeman, MT 59718**

406-587-7786

Toll Free: 800-962-0418

Website: [cccmontana.org](http://cccmontana.org)

#### AWARE INC. EARLY CHILDHOOD SERVICES

Aware offers early childhood services to families and children zero to eight. These services are available to families of all social and economic status. Programs include child & family counseling, early head start, and home visiting. Children with disabilities are welcome.

406-563-8817

[EarlyHeadStart@Aware-inc.org](mailto:EarlyHeadStart@Aware-inc.org)

Website: [aware-inc.org/ecs](http://aware-inc.org/ecs)

#### RMDC CHILD AND FAMILY SUPPORTS

Rocky Mountain Development Council (RMDC) offers services for early childhood education through Montana Head Start for low-income families living in the tri-county area.

**200 South Cruse Avenue, Helena, MT 59601**

406-457-7308

Website: [rmdc.net](http://rmdc.net)

# JEFFERSON COUNTY RESOURCES

## PARENT SUPPORT AND EDUCATION

### PARENTING MONTANA

Parenting Montana provides easy-to-use tools to support your child's success from birth through the teen years.

Website: [parentingmontana.org](http://parentingmontana.org)

### HEALTHY MOTHERS HEALTHY BABIES MONTANA

Healthy Mothers Healthy Babies works to improve the health, safety, and well-being of Montana by supporting mothers and babies, age zero to three.

**318-320 N Last Chance Gulch, #2c, Helena, MT 59601**

406-449-8611

[hmhb@hmhb-mt.org](mailto:hmhb@hmhb-mt.org)

Website: [hmhb-mt.org](http://hmhb-mt.org)

### LEWIS & CLARK COUNTY PUBLIC HEALTH

The Lewis & Clark County Public Health department offers programs to promote healthy families with parenting classes and support groups, nutrition services, emergency preparedness, family support and education, and child health and developmental screenings.

**1930 Ninth Avenue, Helena, MT 59601**

406-457-8912

[publichealth@lccountymt.gov](mailto:publichealth@lccountymt.gov)

Website: [lccountymt.gov/health >health promotion >pregnancy-parenting](http://lccountymt.gov/health%20health%20promotion%20pregnancy-parenting)

### FLORENCE CRITTENTON

Florence Crittenton offers support to families through parenting classes, early intervention, and home visiting.

**3404 Cooney Drive, Helena, MT 59602**

406-442-6950

Website: [florencecrittenton.org/](http://florencecrittenton.org/)

### MONTANA KINSHIP NAVIGATOR PROGRAM

The Montana Kinship Navigator Program serves kinship caregivers for the entire state for Montana by offering support, education, and access to resources to assist caregivers in raising their children so they can live happier, healthier lives.

833-445-3395

[mtknp@montana.edu](mailto:mtknp@montana.edu)

Website: [msuextension.org/mtknp](http://msuextension.org/mtknp)

# JEFFERSON COUNTY RESOURCES

## YOUTH PROGRAMMING

### YOUTH HOMES

Youth Homes cares for children who are facing abuse, neglect, emotional trauma and substance abuse problems. Through emergency shelters, therapeutic group homes, foster care and adoption programs, and counseling services, they provide a safe refuge for kids while they begin the difficult process of healing.

406-721-2704

[info@youthhomesmt.org](mailto:info@youthhomesmt.org)

Website: [youthhomesmt.org](http://youthhomesmt.org)

## CRISIS/EMERGENCY

### CRISIS INTERVENTION AND SUICIDE PREVENTION

#### MONTANA SUICIDE PREVENTION LIFELINE

The lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones. If you are in crisis and want help, call the Suicide Prevention Lifeline.

Dial 988 for support

Website: [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

#### MONTANA CRISIS TEXT LINE

The Montana Crisis Text Line offers free and confidential emotional support to people in suicidal crisis or emotional stress. The advice line is available 24 hours a day, 7 days a week.

TEXT 'MT' 741-741

Website: [suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

#### THE HELP CENTER- 24 -HOUR CRISIS LINE

If you are in crisis, feeling suicidal, have been sexually assaulted, in need of resources, or just need to talk, trained staff and volunteers are ready to listen and help. All concerns are welcome, and all services are free and confidential to everyone, 24 hours a day, 365 days a year.

406-586-3333

Website: [bozemanhelpcenter.org](http://bozemanhelpcenter.org)

# JEFFERSON COUNTY RESOURCES

## DOMESTIC VIOLENCE

### NATIONAL DOMESTIC VIOLENCE HOTLINE

Everyone deserves relationships free from domestic violence. When you're ready, we're here to listen with confidential support 24/7. Call or Text START to 88788

1-800-799-SAFE (7233)

Website: [thehotline.org/get-help](https://thehotline.org/get-help)

### NATIONAL SEXUAL ASSAULT HOTLINE

Get help 24/7. Call the toll free number to be connected with a trained staff member from a sexual assault service provider in your area.

1-800-656-4673

Website: [hotline.rainn.org/online](https://hotline.rainn.org/online)

### THE FRIENDSHIP CENTER

The Friendship Center is a safe haven for those affected by domestic violence, sexual assault, and stalking. Services are available to anyone, regardless of gender or sexual orientation.

**1430 Sanders, Helena, MT 59601**

Friendship Center's 24-hour hotline: 406-442-6800

Website: [thefriendshipcenter.org](https://thefriendshipcenter.org)

### SAFE SPACE

Safe Space supports victims and survivors of domestic violence and sexual assault through shelter, advocacy, counseling and guidance.

#### Butte Montana

24-hour crisis hotline: 406-782-8511

Office Line: 406-782-8511

Website: [safespaceonline.org](https://safespaceonline.org)

### CHILD ABUSE AND NEGLECT HOTLINE

To report a possible case of child abuse or neglect call toll free, 24 hours a day

1-866-820-5437

# JEFFERSON COUNTY RESOURCES

## FINANCIAL

### OFFICE OF PUBLIC ASSISTANCE

To apply for food, medical, or cash assistance, you can visit: [apply.mt.gov](https://apply.mt.gov)

**Mail forms to: Human and Community Services, PO Box 202925, Helena, MT 59601**

Montana Public Assistance Helpline: 888-706-1535

Office Hours: Monday-Friday 8:00am-5:00pm

### TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)

TANF Cash assistance is a program providing temporary financial assistance to needy families. The receipt of TANF cash assistance is limited to 60 months in an adults lifetime. Temporary financial assistance may be provided to the follow families and individuals:

1. Minor children;
2. Specified relatives with whom the children are living;
3. The minor children's blood-related/adoptive siblings with whom the children are living;
4. Pregnant women in their last trimester who have no other eligible children; and
5. Refugees with minor dependent children.

#### To apply for TANF:

Apply online at: [apply.mt.gov](https://apply.mt.gov).

Visit the Helena Field Office: **111 N Sanders Street, Room 109, Helena, MT 59601**

Call the Public Assistance Helpline- 888-706-1535

### SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

SNAP is a program designed to help people in Montana make ends meet and afford healthy food. SNAP participants receive monthly food benefits on the Montana Access debit card.

#### To apply for SNAP benefits:

Apply online at: [apply.mt.gov](https://apply.mt.gov).

Visit the Helena Field Office: **111 N Sanders Street, Room 109, Helena, MT 59601**

Call the Public Assistance Helpline- 888-706-1535

# JEFFERSON COUNTY RESOURCES

## **WOMEN, INFANTS & CHILDREN (WIC)**

WIC is a nutrition education program providing nutrition services and food benefits to women, infants and children. WIC services are available to:

- Women who are pregnant or have just given birth
- Women who are breastfeeding
- Infants and Children up to five years old (mothers, fathers, grandparents, foster parents, and other guardians may apply for WIC for children up to age five)

Find your local WIC office by visiting the link below and entering your location.

Website: [signupwic.com/](https://signupwic.com/)

## **ENERGY ASSISTANCE- WEATHERIZATION AND LIEAP**

The State of Montana, through the DPHHS, offers two programs aimed at helping low-income individuals reduce their heating costs. The Low Income Energy Assistance Program (LIEAP) pays part of winter energy bills for eligible people. The Weatherization Program helps participants to improve the heating efficiency of their homes and thus reduce their energy consumption. In certain circumstances, there is assistance available to help with furnace emergencies. You may apply for weatherization assistance at the Rocky Mountain Development Council.

**648 North Jackson, Helena, MT 59601**

406-447-1625

Website: [rmdc.net/what-we-do/energy-services](https://rmdc.net/what-we-do/energy-services)

## **ENERGY SHARE OF MONTANA**

Energy Share of Montana is a nonprofit that helps Montanans overcome energy emergencies and move toward self-reliance.

406-442-4900

Website: [energysharemt.com](https://energysharemt.com)



# JEFFERSON COUNTY RESOURCES

## FOOD

### SNAP APPLICATION ASSISTANCE

Montana's Supplemental Nutrition Assistance Program (SNAP) is a program designed to help people in Montana make ends meet and afford healthy food. Many households, families, and seniors in Montana qualify for food assistance through SNAP. The Montana Food Bank Network can provide information about SNAP and current eligibility guidelines and answer your questions about food assistance in Montana.

SNAP Hotline: 406-239-6475

[snap@mfbn.org](mailto:snap@mfbn.org)

Website: [mfbn.org/snap-assistance](https://mfbn.org/snap-assistance)

### WOMEN, INFANTS & CHILDREN (WIC)

WIC is a nutrition education program providing nutrition services and food benefits to women, infants and children. WIC services are available to:

- Women who are pregnant or have just given birth
- Women who are breastfeeding
- Infants and Children up to five years old (mothers, fathers, grandparents, foster parents, and other guardians may apply for WIC for children up to age five)

Find your local WIC office by visiting the link below and entering your location.

Website: [signupwic.com/](https://signupwic.com/)

### SCHOOL MEALS PROGRAM

School Meal Programs help insure that children have access to a healthy lunch and breakfast each school day. Meals are available for free or at a reduced price for families on limited incomes. Parents can apply for Free and Reduced-Price (FRP) meals anytime during the school year

406-444-2501

Website: [opi.mt.gov](https://opi.mt.gov)

### BUY EAT LIVE BETTER

Buy Eat Live Better supports low-income Montanans in making the healthy choice the easy choice with resources and classes on nutrition education, shopping on a budget, preparing well-balanced meals, and more.

Website: [buyeatlivebetter.org](https://buyeatlivebetter.org)

# JEFFERSON COUNTY RESOURCES

## JEFFERSON COUNTY FOOD SHARE

Distribution Hours: Second Thursday and Fourth of the month from 12:00pm-3:00pm

**Life Church, 502 N Jackson St, Boulder, MT 59632**

406-225-3841

## SINCERELY PAUL MINISTRY

Whitehall food pantry to help those in the area with need. Open Monday-Friday 9am-5pm. Call for more information

**88 1<sup>st</sup> Street, Whitehall, MT 59759**

406-792-5059

Website:[sincerelypaul.org](http://sincerelypaul.org)

## HELENA FOOD SHARE

Helena food share serves neighbors in need by providing food in a respectful and dignified way and by working with others to eliminate hunger in the greater Helena area. Visit their website for locations and hours.

406-443-3663

Website: [helenafoodshare.org](http://helenafoodshare.org)

## THE SALVATION ARMY

The Salvation Army supports homeless individuals and families in Lewis and Clark County by helping with basic needs: meal assistance, transportation, bill pay assistance, employment assistance, and housing assistance.

**1330 Hudson Street, Helena, MT 59601**

406-442-8244

Website:[helena.salvationarmy.org](http://helena.salvationarmy.org)

## HEALTH

### COVER MONTANA

The Cover Montana program works to connect Montanans who have questions about enrolling in health insurance options. They can help you navigate your coverage options and find free, confidential enrollment assistance.

844-682-6837

[info@covermt.org](mailto:info@covermt.org)

Website: [covermt.org/](http://covermt.org/)

# JEFFERSON COUNTY RESOURCES

## **BIG SKY RX- MEDICARE PRESCRIPTION ASSISTANCE**

Big Sky Rx (BSRx) is dedicated to helping Medicare clients pay for Medicare approved prescription drug insurance premiums. It is administered by the State of Montana.

866-369-1233

[Bigskyrx@mt.gov](mailto:Bigskyrx@mt.gov)

Website: [bigskyrx.mt.gov](http://bigskyrx.mt.gov)

## **CHILDREN'S SPECIAL HEALTH SERVICES**

Children's Special Health Services works to help children and families in Montana receive the healthcare and supportive services they need to live happy, healthy lives in their communities. We do this through programs that help educate families and providers, connect families to needed resources, and provide care for children and youth (0-21 years of age) throughout the state.

Website: [dphhs.mt.gov/ecfsd/chs](http://dphhs.mt.gov/ecfsd/chs)

## **MONTANA MEDICAID AND HEALTHY MONTANA KIDS**

Healthy Montana Kids (HMK), Children's Health Insurance Plan is just one of many Montana Healthcare Programs offering a free or low-cost health insurance plan which provides coverage to eligible Montana children up to age 19. Covered services include medical, dental, eyeglasses, and other related services.

1-888-706-1535

Website: [dphhs.mt.gov/MontanaHealthcarePrograms](http://dphhs.mt.gov/MontanaHealthcarePrograms)

## **SLC HEALTH MEDICAL GROUP- BOULDER**

SLC Health offers primary care in Jefferson county, treating all ages from babies to seniors. They also care for specialized health needs of women and men.

**214 S Main St, Boulder, MT 59632**

406-225-4201

Website: [slhealth.org/locations/medical-group-boulder-montana](http://slhealth.org/locations/medical-group-boulder-montana)

## **ST. JAMES HEALTHCARE**

St. James Healthcare provides emergency and primary care, family medicine, pediatrics, women's health, and specialty services. Find locations and more information on the St. James health website.

**400 Clark St. Butte, MT 59701**

406-723-2500

Website: [slhealth.org/locations/st-james-healthcare](http://slhealth.org/locations/st-james-healthcare)

# JEFFERSON COUNTY RESOURCES

## **ST. PETER'S HEALTH**

St. Peter's Health serves the Greater Helena Area by providing high quality, low cost local care through emergency and primary care, family medicine, pediatrics, women's health, and specialty services. Find locations and more information on the St. Peter's Health website.

**St. Peter's Hospital, 2475 Broadway, Helena, MT 59601**

406-442-2480

Website: [sphealth.org](http://sphealth.org)

## **PURE VIEW HEALTH CENTER**

Pure View offers medical, dental, mental health, case management and pharmacy services. Medical walk-in appointments are available on a first come, first served basis, M-F 8am-11am. Monday- Thursday, 7:30am-5:30pm, Friday, 7:30am- 5:00pm

**1930 9<sup>th</sup> Avenue, Helena, MT 59601**

406-457-0000

Website: [pureviewhealthcenter.org](http://pureviewhealthcenter.org)

## **PARTNERS IN PEDIATRICS**

Partners in Pediatrics is a private, physician-owned, pediatric practice providing care for Helena's children. They provide comprehensive, pediatric care from birth through 18 years.

**2525 Broadway, Suite 201, Helena, MT 59601**

406-447-2885

Website: [piphelena.com](http://piphelena.com)

## **HELENA PEDIATRIC CLINIC**

Helena Pediatric Clinic provides compassionate, comprehensive services to children in the Helena community from birth through college. Services include routine care such as well child check-ups, physicals, immunizations, illness and injury care.

**1122 N. Montana Ave, Helena, MT 59601**

406-449-5563

Website: [helenapediatricclinic.com](http://helenapediatricclinic.com)

# JEFFERSON COUNTY RESOURCES

## HOUSING AND SHELTER

### MONTANA HOUSING DIVISION

Montana Housing supports access to safe, affordable, and sustainable homes for Montanans whose housing needs are not met by the market. Services include rental assistance programs including:

- Housing Choice Voucher (HUD) Program
- Project Based Section 8
- Emergency rental assistance

406-841-2840

Toll Free: 800-761-6264

Website: [housing.mt.gov](https://housing.mt.gov)

### FAMILY PROMISE OF GREATER HELENA

Helping children and their families overcome homelessness. If you or someone you know is homeless, please contact the Family Promise team.

406-465-9476

[advocate@familypromisehelena.org](mailto:advocate@familypromisehelena.org)

Website: [familypromisehelena.org](https://familypromisehelena.org)

### RMDC INC- AFFORDABLE HOUSING

The Rocky Mountain Development Council provides safe, healthy homes that are affordable to those living in the Tri-county area (Lewis & Clark, Jefferson, and Broadwater).

RMDC also offers homebuyer education classes with in depth information on homeownership including: budgeting, finding a home, choosing a lender/closing on a loan, homeowner's insurance, and home inspections.

**648 North Jackson Street, Helena, MT 59601**

406-447-1625

Website: [rmdc.net/what-we-do/housing-services](https://rmdc.net/what-we-do/housing-services)

### GOD'S LOVE INC.

God's Love emergency shelter, food, clothing, and other basic necessities for those in need. The Family Transitional Center temporarily shelters families who are seeking permanent housing.

**533 N Last Chance Gulch, Helena, MT 59601**

406-442-7000

Website: [godsloveshelter.org](https://godsloveshelter.org)

# JEFFERSON COUNTY RESOURCES

## HELENA HOUSING AUTHORITY

Provides housing for low-income families, elderly, handicapped and disabled persons. Rent is based on an applicant's income.

406-442-7970

Website:[hhamt.org](http://hhamt.org)

## GOOD SAMARITAN MINISTRIES

Good Samaritan Ministries' Housing Navigation program provides individuals and families with the tools and resources to be successful to secure housing.

**3067 North Montana Ave, Helena, MT 59601**

406-442-0780

Website:[goodsamhelena.org/housing-navigation](http://goodsamhelena.org/housing-navigation)

## THE FRIENDSHIP CENTER

The Friendship Center is a safe haven for those affected by domestic violence, sexual assault, and stalking. Services are available to anyone, regardless of gender or sexual orientation.

**1430 Sanders, Helena, MT 59601**

406-442-6800

Website:[thefriendshipcenter.org](http://thefriendshipcenter.org)

## THE YWCA HELENA

YWCA of Helena prevents homelessness by providing safe and supportive housing for women and children experiencing homelessness, and services that restore hope, self sufficiency, and happy and healthy lives.

406-442-8774

Website:[ywcahelena.org](http://ywcahelena.org)

## FLORENCE CRITTENTON

Florence Crittenton offers family based residential transitional housing for pregnant and parenting women aged 12-21.

**901 N Harris St, Helena, MT 59601**

406-442-6950

Website:[florencecrittenton.org](http://florencecrittenton.org)

# JEFFERSON COUNTY RESOURCES

## LEGAL

### MONTANA LEGAL SERVICES ASSOCIATION

MTLSA provides non-criminal legal information, advice, and representation. MLSA works to provide civil legal aid to low-income individuals living throughout Montana.

800-666-6899

Website: [mtlsa.org](http://mtlsa.org)

### DISABILITY RIGHTS MONTANA

Disability Rights Montana's mission is to protect and advocate for the human, legal, and civil rights of Montanans with disabilities while advancing dignity, equality, and self-determination.

800-245-4743

[advocate@DisabilityRightsMT.org](mailto:advocate@DisabilityRightsMT.org)

Website: [disabilityrightsmt.gov](http://disabilityrightsmt.gov)

### CHILD SUPPORT SERVICES DIVISION

The Child Support Services Division pursues financial and medical support of children by establishing, enforcing, and increasing public awareness of parental obligations.

**[childsupport@mt.gov](mailto:childsupport@mt.gov) - this email address is only intended for general questions about the child support program. For case related questions please contact your caseworker directly.**

406-444-6856

800-346-5437

Website: [dphhs.mt.gov/cssd](http://dphhs.mt.gov/cssd)

### CHILD AND FAMILY SERVICES DIVISION

CFSD protects children who have been or are at substantial risk of abuse, neglect, or abandonment. To report a possible case of child abuse or neglect, call 1-866-820-5437.

1-866-820-5437

Website: [dphhs.mt.gov/cfsd](http://dphhs.mt.gov/cfsd)

### MONTANA FAIR HOUSING

Montana Fair Housing is a private, full services, non-profit organization dedicated to the elimination of housing discrimination, and the advancement of civil rights.

406-782-2573

Toll Free: 800-929-2611

Website: [montanafairhousing.org](http://montanafairhousing.org)

# JEFFERSON COUNTY RESOURCES

## MONTANA SELF-HELP PROGRAM

The Court Help Program is a free service provided by Montana Supreme Court to assist people with civil, no-criminal legal problems. The court help program does not offer legal advice or represent individuals in court but can provide legal information and direct you to resources to help resolve legal problems on your own.

406-444-9300

Statelawlibraryselfhelp@mt.gov

Website: [courts.mt.gov/selfhelp](https://courts.mt.gov/selfhelp)

## MENTAL HEALTH AND ADDICTIONS

### ADDICTION RESOURCES

#### ALCOHOLICS ANONYMOUS

AA helps individuals struggling with alcoholism find the help they need on a local basis. Search for Alcoholics Anonymous meetings per county or city and take the next step to overcome addiction. Call for 24/7 addiction help.

800-839-1686

Website: [alcoholicsanonymous.com](https://alcoholicsanonymous.com)

#### NARCOTICS ANONYMOUS MONTANA

A national peer support group for those that drugs had become a major problem, uses a 12- step model for people with varied substance abuse issues. Visit the website to find a meeting near you.

800-990-6262

Website: [namontana.com](https://namontana.com)

#### SAMHSA NATIONAL HELPLINE

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

800-662-HELP (4357)

Website: [findtreatment.gov](https://findtreatment.gov)



# JEFFERSON COUNTY RESOURCES

## **MONTANA TOBACCO QUIT LINE**

Quitting tobaccos is a process. Whether you are thinking about quitting, are not yet ready to quit, or have already quit, Montana Quit Line can help you with each step of the way.

866-787-5247

Website: [quitnowmontana.com](http://quitnowmontana.com)

## **MONTANA PEER NETWORK**

Montana Peer Network provides information, education, training, support, and resources for individuals in or seeking recovery from mental health challenges, substance abuse, trauma, and/or addictions.

406-551-1058

Website: [mtpeernetwork.org](http://mtpeernetwork.org)

## MENTAL HEALTH RESOURCES

### **MONTANA MENTAL HEALTH DIRECTORY- BRIGHT APP**

Search for mental health professionals in Montana with the Bright App.

Website: [montana211.org/bright\\_app\\_page\\_one/](http://montana211.org/bright_app_page_one/)

### **MONTANA MENTAL HEALTH OMBUDSMAN**

The office of the Mental Health Ombudsman can provide information and assistance to individuals seeking access to the public mental health services, or those currently receiving mental health services.

406-444-9669

Toll Free : 888-444-9669

Website: [mhombudsman.mt.gov](http://mhombudsman.mt.gov)

### **MONTANA CHILDREN'S MENTAL HEALTH BUREAU**

The Children's Mental Health Bureau administers state funded mental health services for children in Montana.

406-444-2958

Website: [dphhs.mt.gov/dcd/cmb](http://dphhs.mt.gov/dcd/cmb)

# JEFFERSON COUNTY RESOURCES

## **NATIONAL ALLIANCE ON MENTAL ILLNESS MONTANA**

National Alliance on Mental Illness (NAMI) supports, educates, and advocates for Montanans with Mental Illnesses and their families. NAMI Montana also developed Mental Health County Resource Guides as a tool for people who live with serious mental illness and their families:

<https://namimt.org/montana-county-mental-health-resource-guides/>

406-443-7871

Website: [namimt.org](https://namimt.org)

## **AWARE INC**

AWARE strives to provide psychiatry to even the most rural Montana residents through telepsychiatry and video conferencing. AWARE's team of highly trained and experienced psychiatrists across Montana is available for assessments, ongoing treatment, medication management, and support.

406-449-3120

[Info@Aware-inc.org](mailto:Info@Aware-inc.org)

Website: [aware-inc.org](https://aware-inc.org)

## **YOUTH DYNAMICS INC.**

Youth Dynamics provides strength-based, client-centered, supportive mental health services to children and families.

406-548-7022

Website: [youthdynamics.org](https://youthdynamics.org)

## **SHODAIR CHILDREN'S HOSPITAL**

Shodair Children's Hospital serves children and adolescents in Montana who suffer from emotional, mental, and behavioral problems.

406-444-7500

Website: [shodair.org](https://shodair.org)

## **WESTERN MONTANA MENTAL HEALTH CENTER**

Western Montana Mental Health Center serves children, teens, and adults in Montana. WMMHC offers community-based services, outpatient services, inpatient addiction recovery services, and housing options.

406-532-8400

Website: [wmmhc.org](https://wmmhc.org)

# JEFFERSON COUNTY RESOURCES

## **FRONTIER PSYCHIATRY**

Frontier Psychiatry is a completely virtual telepsychiatry practice based in Montana. All appointments occur online with video conferencing technology.

406-300-8471

Website: [frontier.care](https://frontier.care)

## **ST. PETER'S HOSPITAL BEHAVIORAL UNIT**

St. Peter's Health Behavioral Health Unit offers short-term, live-in care services for adults experiencing a mental health crisis through an adult inpatient program and Montana's only geriatric inpatient program.

**2475 E. Broadway, Helena, MT 59601**

406-495-6560

Website: [sphealth.org](https://sphealth.org)

## **ST. PETER'S HOSPITAL PSYCHIATRY TEAM**

St. Peter's Health Psychiatry team offers one-on-one, comprehensive care for patients facing mental health issues, providing a range of outpatient services for diagnosis, treatment, and management of psychiatric issues

**2550 Broadway, Helena, MT 59601**

406-457-4180

Website: [sphealth.org](https://sphealth.org)

## **CENTER FOR MENTAL HEALTH**

Provides professional, comprehensive mental health and substance abuse treatment services, including care coordination, adult/youth case management, in-home therapeutic services, and outpatient therapy for adults/youth.

**900 North Jackson, Helena, MT 59601**

406-443-7151

Website: [center4mh.org](https://center4mh.org)

## **POSTPARTUM SUPPORT INTERNATIONAL**

PSI promotes awareness, prevention and treatment of mental health issues related to childbearing. PSI offers support, education, advocacy, and research for people experiencing perinatal mood and anxiety disorders.

Call or Text for support: 800-944-4773

Website: [postpartum.net/get-help](https://postpartum.net/get-help)

# JEFFERSON COUNTY RESOURCES

## SPECIAL NEEDS

### **MONTANA MILESTONES**

Montana Milestones is the Part C Early Intervention Program for Infants and Toddlers with Disabilities (0-3), part of the federal Individuals with Disabilities Education Act (IDEA). The purpose of IDEA, Part C is to support early intervention for children with development delays or disabilities. Part C is all about helping parents and families meet the developmental needs of their infants and toddlers.

406-444-5647

Website: [dphhs.mt.gov/ecfsd >childcare >Montana milestones](https://dphhs.mt.gov/ecfsd>childcare>Montana%20milestones)

### **MONTANA PARENT TRAINING AND INFORMATION CENTER**

Montana's Parent Training Information Center provides resources and individualized assistance to help Montana parents and educators to support and enrich the lives of children with disabilities.

877-870-1190

Website: [mtempowermentcenter.org](https://mtempowermentcenter.org)

### **FAMILY OUTREACH, INC.**

Family Outreach supports children and adults who have intellectual disabilities or developmental delays. Services and programs include developmental information and training, behavioral supports and routine based Early Intervention. We teach families the skills they need to assist their child with developmental, educational, behavioral, social, and/or self-help skills.

**1212 Helena Ave, Helena, MT 59601**

406-443-7370

Website: [familyoutreach.org](https://familyoutreach.org)

### **MONTANA LIFESPAN RESPITE**

The Montana Lifespan Respite (LSR) Coalition helps provide family caregivers access to quality community-based respite care services that is affordable and flexible to meet caregivers needs.

800-332-2272

Website: [dphhs.mt.gov/respite](https://dphhs.mt.gov/respite)

# JEFFERSON COUNTY RESOURCES

## **ABILITY MONTANA**

Ability Montana promotes independence for people with disabilities through information and referral, transition services, peer counseling, independent living training, and systems advocacy.

**820 W Platinum St, Butte, MT 59701**

406-782-4834

Toll Free: 800-735-6457

Website: [abilitymt.org/](http://abilitymt.org/)

## **DISABILITY RIGHTS MONTANA**

Disability Rights of MT provides a wide new of services to people with disabilities through advocacy and representation.

800-245-4743

Website: [disabilityrightsmt.org](http://disabilityrightsmt.org)

## **DISABILITY EMPLOYMENT AND TRANSITIONS**

Advancing the independence and employment of Montanans with disabilities.

406-444-3632

Website: [dphhs.mt.gov/detd](http://dphhs.mt.gov/detd)

## **AWARE INC.**

AWARE helps people live independent lives, birth through adulthood. AWARE delivers services for children and families as well as people with challenging mental health, emotional, and in some instances, physical disabilities.

406-449-3120

Website: [aware-inc.org](http://aware-inc.org)

## **MONTECH**

MonTech provides technology, support, and services to improve the quality of life for Montanan's with disabilities. Individuals can borrow assistive technology and adaptive equipment, receive free, one-to-one help learning about the devices they loan.

406-243-5511

Website: [montech.ruralinstitute.umt.edu/](http://montech.ruralinstitute.umt.edu/)

# BROADWATER COUNTY RESOURCES

## **SPRING MEADOW RESOURCES, INC.**

Spring Meadow Resources is a non-profit organization providing assisted and supported living services to those with disabilities.

406-443-2376

Website: [springmeadowresources.org](http://springmeadowresources.org)

## **WEST MONT**

West Mont provides assistance and training with personal care, medication management, meal planning and cooking, and social/community in safe and secure group homes and apartments

406-447-3100

Website: [westmonthelena.com/](http://westmonthelena.com/)

## **TRANSPORTATION**

### **MEDICAID TRANSPORTATION SERVICES**

Travel assistance benefits are funds that help Medicaid members with transportation costs. These funds help members get to and from medical appointments. When the member meets certain requirements, they may get help with mileage, meals, and lodging.

406-443-6100

Toll Free: 800-292-7114

Website: [dphhs.mt.gov/montanahealthcareprograms](http://dphhs.mt.gov/montanahealthcareprograms) > [Medicaid](#) > [transportation](#)