



# CHILD CARE CONNECTIONS

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## MEAGHER COUNTY COMMUNITY RESOURCE GUIDE

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Revised June 2024

CHILD CARE CONNECTIONS  
2415 W MAIN ST. SUITE 1, BOZEMAN, MT 59718  
901 N Benton Ave, Helena, MT 59601  
406-587-7786 or 800-962-0418

# MEAGHER COUNTY RESOURCES

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# MEAGHER COUNTY RESOURCES

## CHILD AND FAMILY RESOURCES

### CHILD CARE AND EARLY EDUCATION

#### CHILD CARE CONNECTIONS

Child Care Connections supports quality care through financial assistance for child care, nutrition and wellness education, family and community outreach, and referrals for child care and community resources.

**2415 W Main St. Suite 1, Bozeman, MT 59718**

**901 N Benton Ave, Helena, MT 59601**

406-587-7786

Toll Free: 800-962-0418

Website: [cccmontana.org](http://cccmontana.org)

#### AWARE INC. EARLY CHILDHOOD SERVICES

Aware offers early childhood services to families and children zero to eight. These services are available to families of all social and economic status. Programs include child & family counseling, early head start, and home visiting. Children with disabilities are welcome.

406-563-8817

[EarlyHeadStart@Aware-inc.org](mailto:EarlyHeadStart@Aware-inc.org)

Website: [aware-inc.org/ecs](http://aware-inc.org/ecs)

# MEAGHER COUNTY RESOURCES

## PARENT SUPPORT AND EDUCATION

### PARENTING MONTANA

Parenting Montana provides easy-to-use tools to support your child's success from birth through the teen years.

Website: [parentingmontana.org](http://parentingmontana.org)

### HEALTHY MOTHERS HEALTHY BABIES MONTANA

Healthy Mothers Healthy Babies works to improve the health, safety, and well-being of Montana by supporting mothers and babies, age zero to three.

**318-320 N Last Chance Gulch, #2c, Helena, MT 59601**

406-449-8611

[hmhb@hmhb-mt.org](mailto:hmhb@hmhb-mt.org)

Website: [hmhb-mt.org](http://hmhb-mt.org)

### ROOTS FAMILY COLLABORATIVE

Roots Family Collaborative, based in Bozeman, is dedicated to connecting families to the support they need from pregnancy to parenthood. Roots helps connect parents to parents, parents to professionals, and professionals with one another during this unique, and often challenging developmental stage.

**1716 W Main St. #8D, Bozeman, Mt 59715**

406-224-5530

[hello@rootsfamilycollaborative.com](mailto:hello@rootsfamilycollaborative.com)

Website: [rootsfamilycollaborative.com](http://rootsfamilycollaborative.com)

### MEAGHER COUNTY CITY LIBRARY

Public library for the community, story and craft time for kids, weekly, monthly and ongoing programs, access to information, printer, copier and fax options available.

**205 SW Garfield St, White Sulphur Springs, MT 59645**

406-547-2250

Website: [meaghercountycitylibrary.org](http://meaghercountycitylibrary.org)

# GALLATIN COUNTY RESOURCES

## MEAGHER COUNTY HEALTH DEPARTMENT

Located at the Mountainview Medical Center. Services include child and adult immunizations, Healthy MT Kids insurance applications, pregnancy resources, disease surveillance and information, emergency preparedness and more. Office Hours: M-Th 9:00am-5:00pm

**Mountain View Medical Center, 16 West Main Street, White Sulphur Springs, MT 59645**

Website: [meagherco.com/county-health-office](http://meagherco.com/county-health-office)

## MONTANA KINSHIP NAVIGATOR PROGRAM

The Montana Kinship Navigator Program serves kinship caregivers for the entire state for Montana by offering support, education, and access to resources to assist caregivers in raising their children so they can live happier, healthier lives.

833-445-3395

[mtknp@montana.edu](mailto:mtknp@montana.edu)

Website: [msuextension.org/mtknp](http://msuextension.org/mtknp)

## YOUTH PROGRAMMING

### YOUTH HOMES

Youth Homes cares for children who are facing abuse, neglect, emotional trauma and substance abuse problems. Through emergency shelters, therapeutic group homes, foster care and adoption programs, and counseling services, they provide a safe refuge for kids while they begin the difficult process of healing.

406-721-2704

[info@youthhomesmt.org](mailto:info@youthhomesmt.org)

Website: [youthhomesmt.org](http://youthhomesmt.org)

### STEVEN'S YOUTH CENTER

Steven's youth center offers afterschool and summer programming for K-6<sup>th</sup> grade children to get help with homework, learn, create, and grow. Learn more on their Facebook page by clicking below.

406-547-5437

Website: [facebook.com/StevensYouthCenter](https://facebook.com/StevensYouthCenter)

# MEAGHER COUNTY RESOURCES

## CRISIS/EMERGENCY

### CRISIS INTERVENTION AND SUICIDE PREVENTION

#### **MONTANA SUICIDE PREVENTION LIFELINE**

The lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones. If you are in crisis and want help, call the Suicide Prevention Lifeline.

Dial 988 for support

Website: [suicidepreventionlifeline.org](https://suicidepreventionlifeline.org)

#### **MONTANA CRISIS TEXT LINE**

The Montana Crisis Text Line offers free and confidential emotional support to people in suicidal crisis or emotional stress. The advice line is available 24 hours a day, 7 days a week.

TEXT 'MT' 741-741

Website: [suicidepreventionlifeline.org](https://suicidepreventionlifeline.org)

#### **THE HELP CENTER- 24 -HOUR CRISIS LINE**

If you are in crisis, feeling suicidal, have been sexually assaulted, in need of resources, or just need to talk, trained staff and volunteers are ready to listen and help. All concerns are welcome, and all services are free and confidential to everyone, 24 hours a day, 365 days a year.

406-586-3333

Website: [bozemanhelpcenter.org](https://bozemanhelpcenter.org)

## DOMESTIC VIOLENCE

#### **NATIONAL DOMESTIC VIOLENCE HOTLINE**

Everyone deserves relationships free from domestic violence. When you're ready, we're here to listen with confidential support 24/7. Call or Text START to 88788.

1-800-799-SAFE (7233)

Website: [thehotline.org/get-help](https://thehotline.org/get-help)

# MEAGHER COUNTY RESOURCES

## **NATIONAL SEXUAL ASSAULT HOTLINE**

Get help 24/7. Call the toll free number to be connected with a trained staff member from a sexual assault service provider in your area.

1-800-656-4673

Website:[hotline.rainn.org/online](https://hotline.rainn.org/online)

## **ASPEN**

ASPEN provides support services to victims/survivors of domestic and sexual violence through shelter, referrals, and advocacy.

**320 N Main Street, Livingston, MT 59047**

24-Hour Crisis Line: 406-222-8154

Non-Emergency Number: 406-222-5902

Website:[aspenmt.org](https://aspenmt.org)

## **CHILD ABUSE AND NEGLECT HOTLINE**

To report a possible case of child abuse or neglect call toll free, 24 hours a day.

1-866-820-5437

## **MSU VOICE CENTER**

The VOICE Center, 24-hour support line (call or text) provides free and confidential support, advocacy, information, and referral services for survivors of sexual and domestic violence, and stalking. Advocates are available 24-hours a day to provide information and discuss different options and resources that may be available to you. Advocates can assist with reporting, referrals, academic concerns, protective orders, and medical advocacy. You may choose to be anonymous in all your contacts with the VOICE Center.

**Montana State University, SUB 370, Bozeman, MT 59717**

CALL OR TEXT 406-994-7069

General Office: 406-994-7662

Website:[montana.edu/oha/voice](https://montana.edu/oha/voice)

# MEAGHER COUNTY RESOURCES

## FINANCIAL

### OFFICE OF PUBLIC ASSISTANCE

To apply for food, medical, or cash assistance, you can visit: [apply.mt.gov](https://apply.mt.gov)

**Mail forms to: Human and Community Services, PO Box 202925, Helena, MT 59601**

Montana Public Assistance Helpline: 888-706-1535

Office Hours: Monday-Friday 8:00am-5:00pm

### TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)

TANF Cash assistance is a program providing temporary financial assistance to needy families. The receipt of TANF cash assistance is limited to 60 months in an adults lifetime. Temporary financial assistance may be provided to the follow families and individuals:

1. Minor children;
2. Specified relatives with whom the children are living;
3. The minor children's blood-related/adoptive siblings with whom the children are living;
4. Pregnant women in their last trimester who have no other eligible children; and
5. Refugees with minor dependent children.

#### To apply for TANF:

Apply online at: [apply.mt.gov](https://apply.mt.gov)

Visit the Helena Field Office: **111 N Sanders Street, Room 109, Helena, MT 59601**

Visit the Bozeman Field Office: **12 North 3<sup>rd</sup>, Bozeman, MT 59715**

Call the Public Assistance Helpline- 888-706-1535

### SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

SNAP is a program designed to help people in Montana make ends meet and afford healthy food. SNAP participants receive monthly food benefits on the Montana Access debit card.

#### To apply for SNAP benefits:

Apply online at: [apply.mt.gov](https://apply.mt.gov)

Visit the Helena Field Office: **111 N Sanders Street, Room 109, Helena, MT 59601**

Visit the Bozeman Field Office: **12 North 3<sup>rd</sup>, Bozeman, MT 59715**

Call the Public Assistance Helpline- 888-706-1535



# GALLATIN COUNTY RESOURCES

## **WOMEN, INFANTS & CHILDREN (WIC)**

WIC is a nutrition education program providing nutrition services and food benefits to women, infants and children. WIC services are available to:

- Women who are pregnant or have just given birth
- Women who are breastfeeding
- Infants and Children up to five years old (mothers, fathers, grandparents, foster parents, and other guardians may apply for WIC for children up to age five)

Find your local WIC office by visiting the link below and entering your location.

Website: [signupwic.com/](https://signupwic.com/)

## **ENERGY ASSISTANCE- WEATHERIZATION AND LIEAP**

The State of Montana, through the DPHHS, offers two programs aimed at helping low-income individuals reduce their heating costs. The Low Income Energy Assistance Program (LIEAP) pays part of winter energy bills for eligible people. The Weatherization Program helps participants to improve the heating efficiency of their homes and thus reduce their energy consumption. In certain circumstances, there is assistance available to help with furnace emergencies. You may apply for weatherization and energy assistance at the Human Resource Development Council.

**107 East Main Street, White Sulphur Springs, MT 59645**

406-547-3775

Website: [thehrdc.org/get-assistance/](https://thehrdc.org/get-assistance/)

## **ENERGY SHARE OF MONTANA**

Energy Share of Montana is a nonprofit that helps Montanans overcome energy emergencies and move toward self-reliance.

406-442-4900

Website: [energysharemt.com](https://energysharemt.com)

# MEAGHER COUNTY RESOURCES

## FOOD

### SNAP APPLICATION ASSISTANCE

Montana's Supplemental Nutrition Assistance Program (SNAP) is a program designed to help people in Montana make ends meet and afford healthy food. Many households, families, and seniors in Montana qualify for food assistance through SNAP. The Montana Food Bank Network can provide information about SNAP and current eligibility guidelines and answer your questions about food assistance in Montana.

SNAP Hotline: 406-239-6475

[snap@mfbn.org](mailto:snap@mfbn.org)

Website: [mfbn.org/snap-assistance](https://mfbn.org/snap-assistance)

### WOMEN, INFANTS & CHILDREN (WIC)

WIC is a nutrition education program providing nutrition services and food benefits to women, infants and children. WIC services are available to:

- Women who are pregnant or have just given birth
- Women who are breastfeeding
- Infants and Children up to five years old (mothers, fathers, grandparents, foster parents, and other guardians may apply for WIC for children up to age five)

Find your local WIC office by visiting the link below and entering your location.

Website: [signupwic.com/](https://signupwic.com/)

### SCHOOL MEALS PROGRAM

School Meal Programs help insure that children have access to a healthy lunch and breakfast each school day. Meals are available for free or at a reduced price for families on limited incomes. Parents can apply for Free and Reduced-Price (FRP) meals anytime during the school year

406-444-2501

Website: [opi.mt.gov](https://opi.mt.gov)

### BUY EAT LIVE BETTER

Buy Eat Live Better supports low-income Montanans in making the healthy choice the easy choice with resources and classes on nutrition education, shopping on a budget, preparing well-balanced meals, and more.

Website: [buyeatlivebetter.org](https://buyeatlivebetter.org)

# MEAGHER COUNTY RESOURCES

## **MEAGHER COUNTY FOOD BANK**

Neighborhood food bank. Open every Wednesday from 4pm-6pm. Call for more information

**101 Crawford St. West, White Sulphur Springs, MT 59645**

406-547-3847

## **LIVINGSTON FOOD RESOURCE CENTER**

The Livingston Food Resource Center makes nutritious, locally sourced food available to all people in need. Food bags are available weekly, through curbside distribution. Food Pick-up: Tuesdays 1-3pm, Thursdays 3-5pm or call for an appointment for in person shopping.

**202 South 2<sup>nd</sup> St, Livingston, MT 59047**

406-222-5335

Website: [livingstonfrc.org](http://livingstonfrc.org)

## **LOAVES AND FISHES OF LIVINGSTON**

Loaves & Fishes is a non-profit Soup Kitchen serving free meals to those that are hungry. Monday-Saturday from 4pm-6pm.

**301 Main Street, Livingston, MT 59047**

406-222-4824

Website: [facebook.com/LoavesAndFishesOfLivingstonMT](https://facebook.com/LoavesAndFishesOfLivingstonMT)

# PARK COUNTY RESOURCES

## HEALTH

### COVER MONTANA

The Cover Montana program works to connect Montanans who have questions about enrolling in health insurance options. They can help you navigate your coverage options and find free, confidential enrollment assistance.

844-682-6837

[info@covermt.org](mailto:info@covermt.org)

Website: [covermt.org/](https://covermt.org/)

### BIG SKY RX- MEDICARE PRESCRIPTION ASSISTANCE

Big Sky Rx (BSRx) is dedicated to helping Medicare clients pay for Medicare approved prescription drug insurance premiums. It is administered by the State of Montana.

866-369-1233

[Bigskyrx@mt.gov](mailto:Bigskyrx@mt.gov)

Website: [bigskyrx.mt.gov](https://bigskyrx.mt.gov)

### CHILDREN'S SPECIAL HEALTH SERVICES

Children's Special Health Services works to help children and families in Montana receive the healthcare and supportive services they need to live happy, healthy lives in their communities. We do this through programs that help educate families and providers, connect families to needed resources, and provide care for children and youth (0-21 years of age) throughout the state.

Website: [dphhs.mt.gov/ecfsd/chs](https://dphhs.mt.gov/ecfsd/chs)

### MONTANA MEDICAID AND HEALTHY MONTANA KIDS

Healthy Montana Kids (HMK), Children's Health Insurance Plan is just one of many Montana Healthcare Programs offering a free or low-cost health insurance plan which provides coverage to eligible Montana children up to age 19. Covered services include medical, dental, eyeglasses, and other related services.

1-888-706-1535

Website: [dphhs.mt.gov/MontanaHealthcarePrograms](https://dphhs.mt.gov/MontanaHealthcarePrograms)

### MOUNTAINVIEW MEDICAL CENTER

Mountainview Medical Center is a rural integrated delivery system offering emergency services, hospitalization, long-term care, and a primary care clinic for the residents and visitors of White Sulphur Springs and Meagher County.

**16 West Main Street, White Sulphur Springs, MT 59645**

406-547-3321

Website: [mvmc.org](https://mvmc.org)

# MEAGHER COUNTY RESOURCES

## MEAGHER COUNTY HEALTH DEPARTMENT

Located at the Mountainview Medical Center. Services include child and adult immunizations, Healthy MT Kids insurance applications, pregnancy resources, disease surveillance and information, emergency preparedness and more. Office Hours: M-Th 9:00am-5:00pm

**Mountain View Medical Center, 16 West Main Street, White Sulphur Springs, MT 59645**

Website: [.meagherco.com/county-health-office](http://meagherco.com/county-health-office)

## LIVINGSTON HEALTHCARE

Livingston HealthCare is the local, full-service medical center in the greater Park County area, offering services in emergency and primary care, family medicine, pediatrics, women's health, and specialty services. Find more information on the Livingston HealthCare website.

**320 Alpenglow Lane, Livingston, MT 59047**

406-222-3541

Website: [livingstonhealthcare.org](http://livingstonhealthcare.org)

## BILLINGS CLINIC, BROADWATER COUNTY

Clinic Hours: 8am-5pm Monday- Friday.

Emergency Services are available 24 hours a day, 7 days a week.

Scheduled appointments are encouraged but walk-ins and urgent care visits are welcome. The Broadwater Wellness Clinic is located on the second floor of the hospital.

**110 N Oak St, Townsend, MT 59644**

406-266-3186

Website: [billingsclinic.com/maps-locations/location-profile/broadwater](http://billingsclinic.com/maps-locations/location-profile/broadwater)

## ST. PETER'S HEALTH- TOWNSEND CLINIC

St. Peters Health- Townsend Clinic provides comprehensive primary care services as well as rotating specialties including urology, general surgery, and orthopedics, to Townsend and the greater Broadwater County area. Regular Hours: 8am-5pm, Monday-Friday.

**515 Front Street, Townsend, MT 59644**

406-444-8200

Website: [sphealth.org/locations >st-peters-health-townsend-clinic-broadwater-county](http://sphealth.org/locations >st-peters-health-townsend-clinic-broadwater-county)

# MEAGHER COUNTY RESOURCES

## HOUSING AND SHELTER

### MONTANA HOUSING DIVISION

Montana Housing supports access to safe, affordable, and sustainable homes for Montanans whose housing needs are not met by the market. Services include rental assistance programs including:

- Housing Choice Voucher (HUD) Program
- Project Based Section 8
- Emergency rental assistance

406-841-2840

Toll Free: 800-761-6264

Website: [housing.mt.gov](https://housing.mt.gov)

### FAMILY PROMISE OF GREATER GALLATIN

Family Promise provides shelter and intensive case management for families with children and pregnant women who are experiencing homelessness.

**1603 Tschache Ln, Bozeman, MT 59715**

406-582-7388

Website: [familypromisegv.org](https://familypromisegv.org)

### HUMAN RESOURCE DEVELOPMENT COUNCIL (HRDC)

HRDC provides emergency housing, transitional housing, rental assistance, and affordable housing services to people who are currently homeless or at risk of becoming homeless.

**107 East Main Street, White Sulphur Springs, MT 59645**

406-547-3775

Website: [thehrdc.org/get-assistance/](https://thehrdc.org/get-assistance/)

### LIVINGSTON WARMING CENTER

The Livingston Warming Center offers seasonal shelter to anyone in need, including families with children, single adults, and couples.

Emergency Shelter Hours: November 1-March 31st, Nightly, 7pm-7am. \*Check in between 7pm-11pm

Shower Service Hours: Sign up at 9:30am, Thursday 10am-12pm

**121 S. Second St, Livingston, MT 59047**

406-333-2537

Website: [thehrdc.org/get-assistance/](https://thehrdc.org/get-assistance/)

# MEAGHER COUNTY RESOURCES

## ASPEN

ASPEN provides support services to victims/survivors of domestic and sexual violence through shelter, referrals, and advocacy.

**411 E Callender Street, Livingston, MT 59047**

24 hour crisis line: 406-222-8154

Non-emergency line: 406-222-5902

Website: [aspenmt.org](http://aspenmt.org)

## LEGAL

### MONTANA LEGAL SERVICES ASSOCIATION

MTLSA provides non-criminal legal information, advice, and representation. MLSA works to provide civil legal aid to low-income individuals living throughout Montana.

800-666-6899

Website: [mtlsa.org](http://mtlsa.org)

### DISABILITY RIGHTS MONTANA

Disability Rights Montana's mission is to protect and advocate for the human, legal, and civil rights of Montanans with disabilities while advancing dignity, equality, and self-determination.

800-245-4743

[advocate@DisabilityRightsMT.org](mailto:advocate@DisabilityRightsMT.org)

Website: [disabilityrightsmt.gov](http://disabilityrightsmt.gov)

### CHILD SUPPORT SERVICES DIVISION

The Child Support Services Division pursues financial and medical support of children by establishing, enforcing, and increasing public awareness of parental obligations.

**[childsupport@mt.gov](mailto:childsupport@mt.gov)- this email address is only intended for general questions about the child support program. For case related questions please contact your caseworker directly.**

406-444-6856

800-346-5437

Website: [dphhs.mt.gov/cssd](http://dphhs.mt.gov/cssd)

# MEAGHER COUNTY RESOURCES

## CHILD AND FAMILY SERVICES DIVISION

CFSD protects children who have been or are at substantial risk of abuse, neglect, or abandonment. To report a possible case of child abuse or neglect, call 1-866-820-5437.

1-866-820-5437

Website: [dphhs.mt.gov/cfsd](http://dphhs.mt.gov/cfsd)

## MONTANA FAIR HOUSING

Montana Fair Housing is a private, full services, non-profit organization dedicated to the elimination of housing discrimination, and the advancement of civil rights.

### Address

406-782-2573

Toll Free: 800-929-2611

Website: [montanafairhousing.org](http://montanafairhousing.org)

## MONTANA SELF-HELP PROGRAM

The Court Help Program is a free service provided by Montana Supreme Court to assist people with civil, no-criminal legal problems. The court help program does not offer legal advice or represent individuals in court but can provide legal information and direct you to resources to help resolve legal problems on your own.

406-205-0347

[cascadecountyselfhelpp@mt.gov](mailto:cascadecountyselfhelpp@mt.gov)

Website: [courts.mt.gov/selfhelp](http://courts.mt.gov/selfhelp)

## MENTAL HEALTH AND ADDICTIONS

### ADDICTION RESOURCES

#### ALCOHOLICS ANONYMOUS

AA helps individuals struggling with alcoholism find the help they need on a local basis. Search for Alcoholics Anonymous meetings per county or city and take the next step to overcome addiction. Call for 24/7 addiction help.

800-839-1686

Website: [alcoholicsanonymous.com](http://alcoholicsanonymous.com)

#### NARCOTICS ANONYMOUS MONTANA

A national peer support group for those that drugs had become a major problem, uses a 12- step model for people with varied substance abuse issues. Visit the website to find a meeting near you.

800-990-6262



# MEAGHER COUNTY RESOURCES

Website: [namontana.com](http://namontana.com)

## **SAMHSA NATIONAL HELPLINE**

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

800-662-HELP (4357)

Website: [findtreatment.gov](http://findtreatment.gov)

## **MONTANA TOBACCO QUIT LINE**

Quitting tobaccos is a process. Whether you are thinking about quitting, are not yet ready to quit, or have already quit, Montana Quit Line can help you with each step of the way.

866-787-5247

Website: [quitnowmontana.com](http://quitnowmontana.com)

## **MONTANA PEER NETWORK**

Montana Peer Network provides information, education, training, support, and resources for individuals in or seeking recovery from mental health challenges, substance abuse, trauma, and/or addictions.

406-551-1058

Website: [mtpeernetwork.org](http://mtpeernetwork.org)

## **MENTAL HEALTH RESOURCES**

### **MONTANA MENTAL HEALTH DIRECTORY- BRIGHT APP**

Search for mental health professionals in Montana with the Bright App.

Website: [montana211.org/bright\\_app](http://montana211.org/bright_app)

### **MONTANA MENTAL HEALTH OMBUDSMAN**

The office of the Mental Health Ombudsman can provide information and assistance to individuals seeking access to the public mental health services, or those currently receiving mental health services.

406-444-9669

Toll Free : 888-444-9669

Website: [mhombudsman.mt.gov](http://mhombudsman.mt.gov)

# MEAGHER COUNTY RESOURCES

## **MONTANA CHILDREN'S MENTAL HEALTH BUREAU**

The Children's Mental Health Bureau administers state funded mental health services for children in Montana.

406-444-2958

Website: [dphhs.mt.gov/dcd/cmb](http://dphhs.mt.gov/dcd/cmb)

## **NATIONAL ALLIANCE ON MENTAL ILLNESS MONTANA**

National Alliance on Mental Illness (NAMI) supports, educates, and advocates for Montanans with Mental Illnesses and their families. NAMI Montana also developed Mental Health County Resource Guides as a tool for people who live with serious mental illness and their families:

<https://namimt.org/montana-county-mental-health-resource-guides/>

406-443-7871

Website: [namimt.org](http://namimt.org)

## **AWARE INC**

AWARE strives to provide psychiatry to even the most rural Montana residents through telepsychiatry and video conferencing. AWARE's team of highly trained and experienced psychiatrists across Montana is available for assessments, ongoing treatment, medication management, and support.

406-449-3120

[info@Aware-inc.org](mailto:info@Aware-inc.org)

Website: [aware-inc.org](http://aware-inc.org)

## **YOUTH DYNAMICS INC.**

Youth Dynamics provides strength-based, client-centered, supportive mental health services to children and families.

406-548-7022

Website: [youthdynamics.org](http://youthdynamics.org)

## **SHODAIR CHILDREN'S HOSPITAL**

Shodair Children's Hospital serves children and adolescents in Montana who suffer from emotional, mental, and behavioral problems.

406-444-7500

# GALLATIN COUNTY RESOURCES

Website: [shodair.org](http://shodair.org)

## **WESTERN MONTANA MENTAL HEALTH CENTER**

Western Montana Mental Health Center serves children, teens, and adults in Montana. WMMHC offers community-based services, outpatient services, inpatient addiction recovery services, and housing options.

406-532-8400

Website: [wmmhc.org](http://wmmhc.org)

## **FRONTIER PSYCHIATRY**

Frontier Psychiatry is a completely virtual telepsychiatry practice based in Montana. All appointments occur online with video conferencing technology.

406-300-8471

Website: [frontier.care](http://frontier.care)

## **ST. PETER'S HOSPITAL BEHAVIORAL UNIT**

St. Peter's Health Behavioral Health Unit offers short-term, live-in care services for adults experiencing a mental health crisis through an adult inpatient program and Montana's only geriatric inpatient program.

**2475 E. Broadway, Helena, MT 59601**

406-495-6560

Website: [sphealth.org](http://sphealth.org)

## **COMMUNITY HEALTH PARTNERS**

CHP offers a specialty behavioral health department that is open to all community members by providing therapy sessions through both Zoom and phone platforms. Behavioral health staff members treat individuals from school age to geriatric and offer individual, couples, and family sessions. Visit the CHP website to find a location near you.

Website: [chphealtmt.org>services>behavioral-health](http://chphealtmt.org>services>behavioral-health)

# MEAGHER COUNTY RESOURCES

## L'ESPRIT

L'esprit is a mental health agency for adults, children and adolescents, offering adult and youth case management, mentoring, counseling, home support services, and chemical dependency services.

**111 North 3<sup>rd</sup> Street, Livingston, MT**

406-222-7641

Website: [lespritmt.com](http://lespritmt.com)

## POSTPARTUM SUPPORT INTERNATIONAL

PSI promotes awareness, prevention and treatment of mental health issues related to childbearing. PSI offers support, education, advocacy, and research for people experiencing perinatal mood and anxiety disorders.

Call or Text for support: 800-944-4773

Website: [postpartum.net/get-help](http://postpartum.net/get-help)

## SPECIAL NEEDS

### MONTANA MILESTONES

Montana Milestones is the Part C Early Intervention Program for Infants and Toddlers with Disabilities (0-3), part of the federal Individuals with Disabilities Education Act (IDEA). The purpose of IDEA, Part C is to support early intervention for children with development delays or disabilities. Part C is all about helping parents and families meet the developmental needs of their infants and toddlers.

406-444-5647

Website: [dphhs.mt.gov/ecfsd >childcare >Montana milestones](http://dphhs.mt.gov/ecfsd >childcare >Montana milestones)

### MONTANA PARENT TRAINING AND INFORMATION CENTER

Montana's Parent Training Information Center provides resources and individualized assistance to help Montana parents and educators to support and enrich the lives of children with disabilities.

877-870-1190

Website: [mtempowermentcenter.org](http://mtempowermentcenter.org)

# MEAGHER COUNTY RESOURCES

## **FAMILY OUTREACH, INC.**

Family Outreach supports children and adults who have intellectual disabilities or developmental delays. Services and programs include developmental information and training, behavioral supports and routine based Early Intervention. We teach families the skills they need to assist their child with developmental, educational, behavioral, social, and/or self-help skills.

**1315 East Main, Bozeman, MT 59715**

406-587-2477

Website: [familyoutreach.org](http://familyoutreach.org)

## **MONTANA LIFESPAN RESPITE**

The Montana Lifespan Respite (LSR) Coalition helps provide family caregivers access to quality community-based respite care services that is affordable and flexible to meet caregivers needs.

800-332-2272

Website: [dphhs.mt.gov/respite](http://dphhs.mt.gov/respite)

## **ABILITY MONTANA**

Montana Independent Living Project promotes independence for people with disabilities through information and referral, transition services, peer counseling, independent living training, and systems advocacy.

**2015 Charlotte, Suite 2, Bozeman, MT 59718**

406-522-7300

Toll Free: 800-735-6457

Website: [abilitymt.org/](http://abilitymt.org/)

## **DISABILITY RIGHTS MONTANA**

Disability Rights of MT provides a wide new of services to people with disabilities through advocacy and representation.

800-245-4743

Website: [disabilityrightsmt.org](http://disabilityrightsmt.org)

## **DISABILITY EMPLOYMENT AND TRANSITIONS**

Advancing the independence and employment of Montanans with disabilities.

406-444-3632

Website: [dphhs.mt.gov/detd](http://dphhs.mt.gov/detd)

# GALLATIN COUNTY RESOURCES

## **AWARE INC.**

AWARE helps people live independent lives, birth through adulthood. AWARE delivers services for children and families as well as people with challenging mental health, emotional, and in some instances, physical disabilities.

406-449-3120

Website: [aware-inc.org](http://aware-inc.org)

## **MONTECH**

MonTech provides technology, support, and services to improve the quality of life for Montanan's with disabilities. Individuals can borrow assistive technology and adaptive equipment, receive free, one-to-one help learning about the devices they loan.

406-243-5511

Website: [montech.ruralinstitute.umt.edu/](http://montech.ruralinstitute.umt.edu/)

## TRANSPORTATION

### **MEDICAID TRANSPORTATION SERVICES**

Travel assistance benefits are funds that help Medicaid members with transportation costs. These funds help members get to and from medical appointments. When the member meets certain requirements, they may get help with mileage, meals, and lodging.

406-443-6100

Toll Free: 800-292-7114

Website: [dphhs.mt.gov/montanahealthcareprograms](http://dphhs.mt.gov/montanahealthcareprograms) > [Medicaid](#) > [transportation](#)